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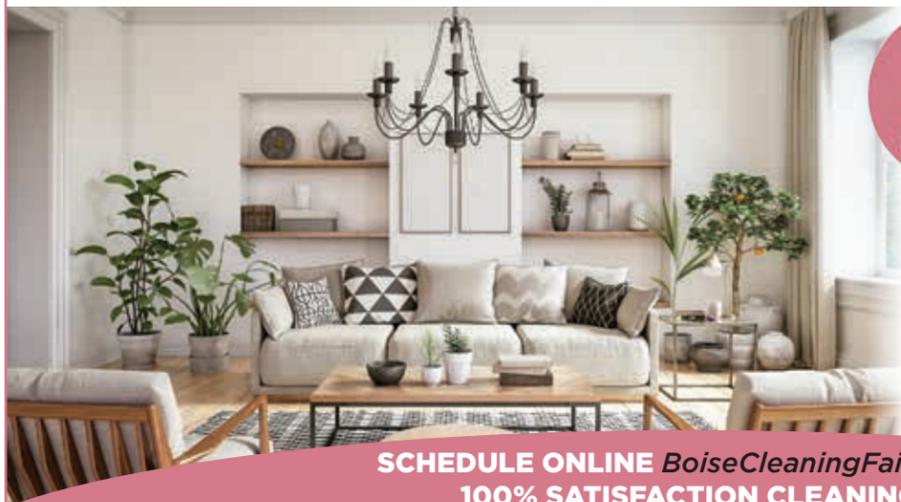
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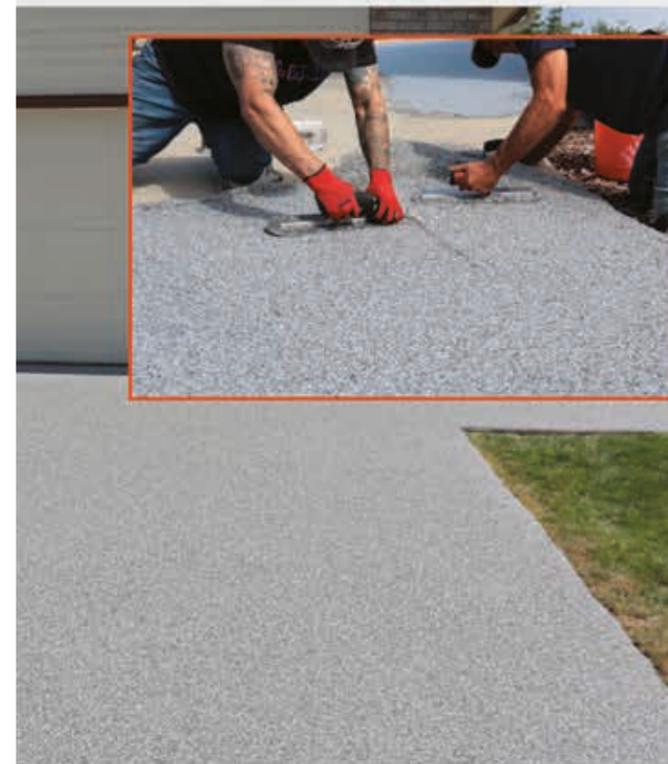
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September

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Greetings Eagle Friends! If you are a fan of the series, 1923, you may just recognize the gentleman on this month's cover. Meet The Koponen Family... and learn how their family journey eventually lead them to Eagle, Idaho and 1923. Plus, another "Why I Love Idaho" piece by Rick Harvey - "No Words Required". Keep your eye out for The Riddle of the Month as there is a new gift card selection going out to our winners, Padres-Salsa.

Thank you to Mr. and Mrs. Spencer Dalling for sharing a photo of them enjoying a night out at Land Ocean using their Riddle of the Month gift card. We hope you had a great date night out together in a beautiful atmosphere with delicious food.

Do you want to stay up to date with special events and news? Get on our email list by emailing brandi.wolf@n2co.com.

With much gratitude,

Brandi Wolf & Matt Lambert

Greet Eagle, Publishers



P.S. We will be pulling the lucky winners for the main stage event at the 2nd Annual Eagle Jazz Festival. Can't wait to see who wins!



Mr. and Mrs. Spencer Dalling enjoying their \$50 gift card at Land Ocean from answering the Riddle of the Month!



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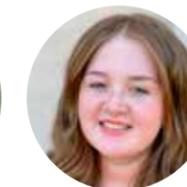
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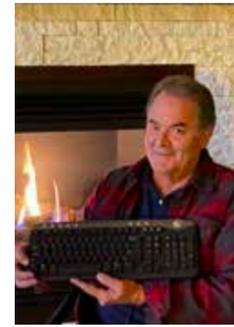
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Meet the Koponen family

BY RESIDENT WRITER, FRANK NALEY

Andrew on the set with the crew



Frank Naley came to Idaho after living some 40-plus years in yes, So. Cal. Then moved to Arizona for another 13 years, until the long months of heat drove him and his family away. He now lives in one of the finest little cities in the Pacific Northwest, Eagle, Idaho and enjoys writing, reading, kayaking, biking, pickle balling and sharing with family and friends.



Behind the scenes.

Watching television and movies is in our DNA. Our eyes dilate and our hearts race just a little faster as we watch a good story unfold and our heroes win. Sitting down with the Koponen family made me feel the same way. And rightfully so because the Koponen's patriarch, Andrew, is Eagle's very own movie star.

Andrew's dream career was to become an Oakland Policeman. I know he's one of those brave son-of-a-guns. Like many Super Heroes, he enrolled in the Oakland Police Academy in 1999. He told me, "It was an eye-opening experience, and in the end, I felt I wouldn't have traded it for the world, even though it has created a lifetime of trauma and nightmares for me."

He went on to recount having been in countless car chases, two shootings, almost being stabbed, arresting violent felons, kicked, punched, and nearly being shot. It all took its toll. So, after eight years; he decided to move on from making it to 30 years on the job and retiring as a homicide Captain. He knew it was time to reinvent himself.

Right about the time he was leaving the force; his brother, an actor, called him and said that a television show he was working on, "I Almost Got Away with It", badly needed a replacement actor to play an FBI agent. He told him that he didn't know much about acting and all his brother said was, "You can arrest someone, can't you?" Andrew replied, "Yeah, I sure can." And that was all it took. Andrew had gotten the acting bug.



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Andrew's very own dressing room.



Andrew and Merit out for a special evening.



Back in the day.

Over the next 14 years, his acting career included a long list of roles. He worked mainly in the San Francisco Bay Area. He did some big movies which included "Ant-man" - where he helped arrest Paul Rudd -, "Venom 2", "The Matrix 4", and "San Andreas". He said that "San Andreas" was one of his favorite roles because you got to see him running away from his police car, only to be washed away by the tsunami.

He has also done numerous television shows which have included "Goliath," "Chance" and "13 Reasons Why" and last year, he was given the honor of being a clerk and boxing trainer in Idaho's "Spin It to Win It" lottery commercial.

By far, Andrew's biggest recent television role, with the help of his agent, Matt Williams from the Starving Actor's Agency, was playing the bailiff in the Paramount Plus Blockbuster series, "1923". He spent a week in Butte, Montana and he was flown there first-class. In addition, he was given his

own trailer. Yep, he had made it to that Super Hero status I talked about earlier.

During the filming of "1923," he met Harrison Ford. He said Harrison was a very personal, regular guy. He said his impression of Harrison was that he could give a punch and take a punch. Not bad for a guy in his 80's! Andrew said he was amazed that Harrison came right up to him and said he had heard that he was a former Oakland police officer. He wanted to hear all about its challenges so Andrew told him, "While working late one night in East Oakland, my partner and I came upon a lone woman walking down the middle of the street. We approached her and asked for her ID. She then proceeded to reach into her purse and pull out a 40-caliber Smith & Wesson. Her eyes suddenly changed to devil eyes. She then pulled the trigger, but her bullet had not been chambered. I knocked the gun away and took her down, but it scared me and my partner to death. And the irony of it all? My

partner and I saw that same woman walking down the middle of that same street about a year later." Harrison shook his head and simply said, "Wow. Can understand why you left the force. I appreciate your sharing. Glad to have you with us."

Andrew met his wife, Merit, at the University of Phoenix in 2005. Both of them were earning their Masters's Degrees in Teaching. They were married in 2009. They had their son, Tanner, in 2010 and decided they didn't want to raise him in California, so they made a plan to move to Costa Rica for two years. They knew this would give Tanner a more balanced, slower-paced life. They then planned to move to Idaho. All this changed when Covid hit. Their plans to move to Costa Rica were changed. They decided to move directly to Legacy. They said they love the lifestyle here. And they're really happy that Tanner does too. Another Super Hero in the making...

Do you know an interesting Eagle resident? Nominate them to be on the cover by sending an email to brandi.wolf@n2co.com.

Why Wearing Socks and Sandals Shouldn't Be a Scandal

We've danced on the moon. We've even managed to fit telephones and computers into our pockets. Yet, if you were to say that humans were an advanced species, you'd be embarrassingly wrong. You see, as civilization has carried on—so has an age-old idea of the most nonsensical variety: that wearing both socks and sandals is somehow not okay.

What many have failed to see is just how ingenious this pairing of garment and shoe is. The combination of sock and sandal is not only worn by someone with common sense, it's worn by someone with fashion sense. Wearing socks and sandals gives you the warmth and coziness of socks but the airy, liberating feeling of wearing sandals. It is the perfect midpoint between casual and dressy footwear. When you want to still be casual, a sock is the perfect pairing for your feet with sandals. What's more, it's a great way to protect your feet from the heat of the sun and the cold of the ground. It's a simple, practical, and stylish way to keep your feet comfortable and protected. So, next time someone tells you that wearing socks and sandals is a scandal, just smile and say, "What's so scandalous about it? It's just a pair of socks and sandals helping protect my feet from the heat of the sun and the cold of the ground."

“What’s so scandalous about it? It’s just a pair of socks and sandals helping protect my feet from the heat of the sun and the cold of the ground.”

On top of being comfortable and practical, socks and sandals couldn't be more stylish. They're not quite as different. Wearing this pairing is a fashion statement that tells everyone you are full of confidence and that you reject the status quo. Wearing this combo is truly a great look. Just yesterday, I was out and about, strutting with my socks and sandals, and you wouldn't begin to believe how many heads I turned and jaws I dropped.

How this widespread fallacy came to be is so baffling to me. Although I couldn't find a concrete answer as to who created and spread this fashion falsehood, I have my suspicions that Big Shoe had something to do with it. And while I also couldn't determine when this lie began, I know when it was put to an end. (It ends here.)

I'm confident that I speak for many when I say that enough is enough. I am putting my sock-and-sandaled foot down. It's now time for socks and sandals to ...*Continued on page 41*

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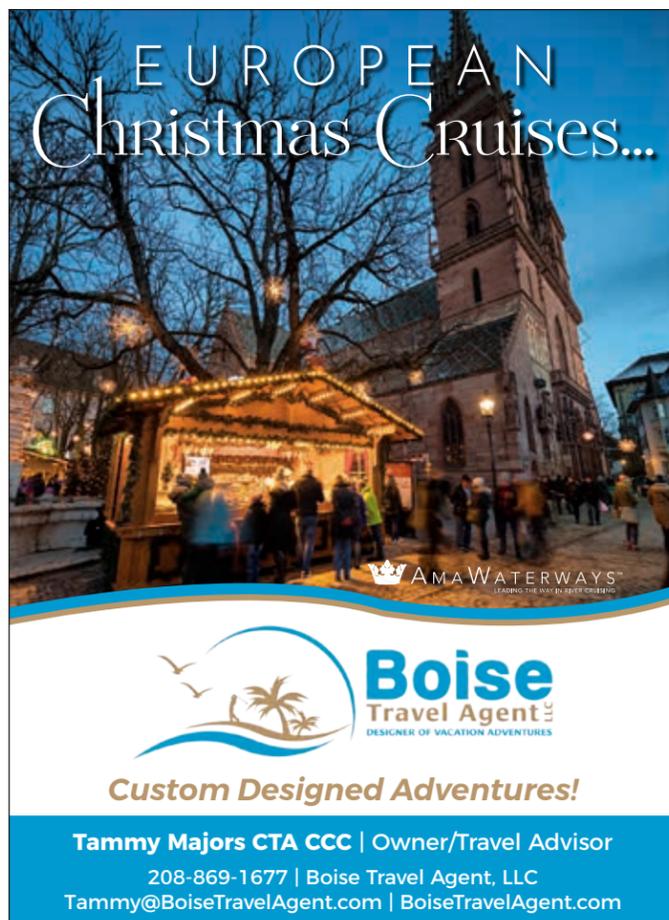
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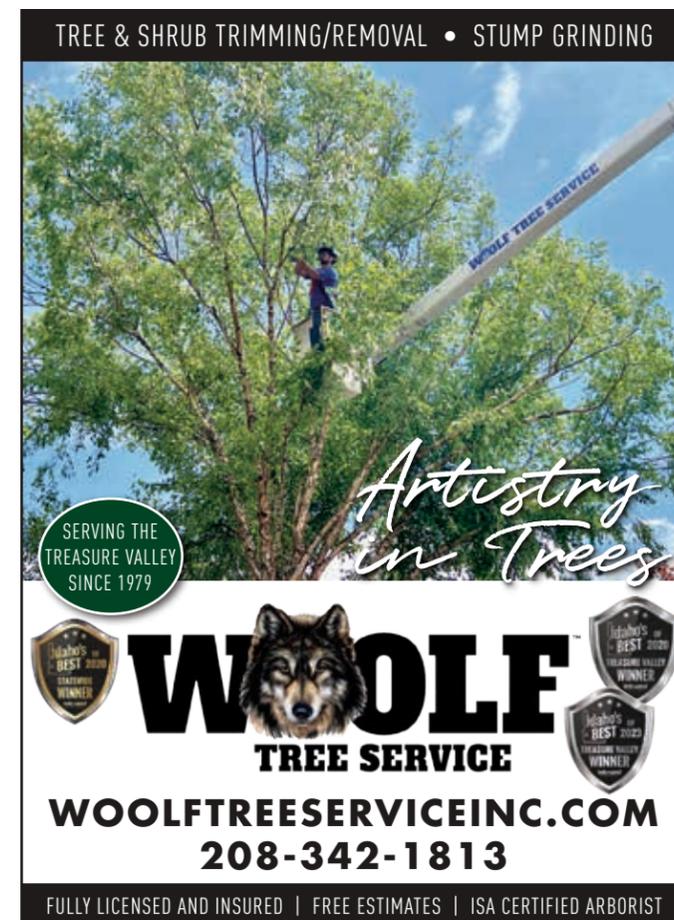
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DELANEY BUB & VOLLEYBALL

BY JUNIOR WRITER, SOPHIE PATTERSON

Nominate an athlete of the month by sending an email to brandi.wolf@n2co.com

Delaney Bub is a senior at Eagle High School, who has played volleyball for most of her life. She started playing around the age of 4 and transitioned into competitive play during her 8th-grade year. Currently, she plays both on the Eagle High School volleyball team and competitively for Idaho Crush, a team she's played for since she was 13 years old. So she can be at her peak performance, Delaney practices three to five hours per week for two hours each practice. In addition, she does weight training and conditioning on her own time three to five days per week for 45 minutes to an hour. She also spends her Saturdays in the gym or backyard with her sister, Savannah, practicing the skills she struggles with to help her be more prepared for the next game. In addition to practices and games, Delaney also travels with her club team every other weekend to play in tournaments. Some places that she has traveled to before include Kansas City, Las Vegas, Salt Lake City, Spokane, and Orlando, Florida.



"I have been blessed enough to be named MVP the last two years, but also know that none of the amazing things we accomplished as a team would have happened without any one of my teammates or coaches." The proudest moment of her volleyball career was when her team went undefeated in district conference games and ended up taking home the district champion title for the first time in 13 years. As Delaney explained, her team was focused on winning from day one. "To see all that hard work pay off for my team was an inexplicable feeling of pure joy and pride in my team and the work we had put in."

The girls on each of Delaney's teams have been great motivators to help her achieve her goals. When she struggles to find the motivation to play or perform well, she remembers that volleyball is a team sport and that each member of the team has to rely on each other. "On my school team specifically, when one of us is struggling, we will often walk up to each other and commit to earning the next point for the person next to you instead of for yourself. It's a simple way of reminding ourselves that the game isn't about us individually, but each other. It often helps us to pull ourselves out of whatever funk we may be in."

Volleyball has taught Delaney many lessons in her life, the biggest two being work ethic and perseverance. She learned from a very young age "that hard work and perseverance are worth it 100% of the time." Learning to persevere through hard things has helped Delaney throughout high school, seeing she has taken nine AP courses in addition to seven college/honor courses. She also participates in student council and National Honor Society for Eagle High. This year she will be one of the student council ASB co-presidents and is excited to see what the new school year and position will bring.

After high school, Delaney hopes to major in nursing. She is planning to earn her bachelor's, a master's, and a then doctorate in nursing so she can eventually become a pediatric nurse practitioner.

Sophie Patterson is a student at Eagle High School and involved with the EHS Student Council and has been writer for *Greet Eagle* nearly two years. She is also a valued member of the Idaho Rush 07 Girls Premier team (soccer).



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CAPITAL GAINS TAX STRATEGIES

BY RESIDENT, BILL OVERTON CFP®



The capital gains tax comes into play when selling appreciated assets, like real estate or stock. “Appreciated” means that it has gone up in value compared to when it was purchased. Generally speaking, the government is entitled to a portion of that gain- capital gains tax (CG tax).

In the case of selling your primary residence, you do get a break- the first \$500,000 of gain is exempt from the CG tax (for the those filing “married/joint” returns). When selling other properties, there is a way to “kick the CG tax can down the road” with a 1031 exchange, which means that the proceeds need to be reinvested in another real estate property. There’s lots of fine print to be aware of, but the 1031 exchange is frequently used by real estate investors.

What if you have a capital gains tax issue that doesn’t lend itself to either of these two scenarios? You might want to consider using a

charitable remainder trust. The trust requires careful planning and must be established in advance of the sale, but it can minimize and even eliminate the CG tax.

The concept of a charitable remainder trust (CRT) involves moving an appreciated asset into a CRT prior to it’s sale. After it’s in the trust, the sale transacts, and the trust receives the proceeds and is exempt from paying CG tax. In addition, the grantor receives a tax deduction for the amount anticipated to be left over at the end of the term of the trust. The actual remainder will go to a 501c3 organization of your choosing at the end of the term. During the term of the trust, (say 10 years) the grantor receives annual payments equivalent to one-tenth of the original sale, which will be characterized as capital gains. Taking the gains in small pieces takes advantage of CG tax thresholds, which disproportionately favor smaller gains.

A COUPLE OF THINGS TO NOTE:

- CRTs don’t work as well if the appreciated asset has debt on it.
- The proceeds are slowly liquidated back to you.
- For rental real estate, this strategy can also wipe out the depreciation recapture, which can be significant.

As always, there are many things to consider that are outside of the scope of this article and I recommend speaking to a CFP® professional who has experience with CRTs if you are interested in exploring this strategy.

Bill Overton CFP® is a long-time Idaho resident with a wife and 3 mostly grown kids. He loves the Sawtooth mountains and making new friends. Bill is very invested in the local community and connected with several non-profit organizations.



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Q & A with Boise Ultrasound Co.

BY PUBLISHER, BRANDI WOLF

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Met Lacy and Jess, owners of Boise Ultrasound Company. I actually met them through their service! Lacy was so kind and professional during my ultrasound and helped to put my mind at ease. Which was exactly what I needed. Let's take a moment to learn a little bit more about these two:

Where did you grow up?

We, Lacy and Jess, have both been long-time Idaho residents. We have both lived in different parts of Idaho, mostly in the Boise and Eagle areas. We now get to raise our children here and couldn't imagine calling anywhere else home. It has been amazing watching our community grow and we knew we wanted to be a part of the resource system for healthcare with that growth. Together we own Boise Ultrasound Company, a small local women-owned company with our first location in Boise, Idaho.

In addition to our love for Idaho and Ultrasound, Both Lacy and Jessica are also wives and mothers. We each have two young daughters and love living as an example in life, business and taking care of others. We are so proud to be able to have a career we love and get to share that passion with our families and friends.

Tell us about the events that led up to where you are now.

We both attended Boise State University earning bachelor's degrees in Diagnostic Medical Imaging and Diagnostic Medical Ultrasound. In addition, we have earned specialty certifications in abdominal and general sonography along with gynecology/obstetrics and vascular.



Lacy and Jess

We are currently active members of multiple Ultrasound and Radiologic societies and are always continuing our education and knowledge in ultrasound. We individually started our careers working in the larger hospital systems and then working in private practice before opening Boise Ultrasound Company just over two years ago.

What is your business and how and why did you start your business?

We specialize in diagnostic ultrasound imaging. With our vast combined experience working in hospitals and

clinics we noticed a strong need for private ultrasound imaging in the Treasure Valley. As the valley grows, so does the need for imaging. We saw a need to support local providers and patients. We met while working together in a private clinic, and that's when the dream started to become a reality. Together, we shared ideas and made plans to figure out how we could open a practice of our own to better serve our community.

What is unique about your business?

We believe that there is a huge need to access ultrasound resources for our patients and providers. Not all providers have in-house ultrasound imaging, in fact, most do not. We can support physicians who need to send a patient for an ultrasound and get the results quickly. Routine results typically in less than 24 hours and STAT results typically within 30 min.

Since we are a small sonographer-owned clinic, we have the ability to give patients many more options to be seen. This includes extended hours, including Saturdays and after-hours care.

We offer a plethora of exams from abdomen, vascular, Obstetrics, male and female pelvic, thyroids, soft tissue, breast palpable and more.

Often, we can prevent patients from having to go to the emergency room because we are able to get them in and get their doctor's results on the same day. Obstetric providers can send us patients for routine scans as well as critical care. In addition, we have found great service in being able to assist with fertility scans for patients doing their monitoring in and out of Idaho. We love being able to do a variety of exams every day.

We are also different in our model as we offer an all-inclusive price strategy which is one low price including the facility, radiologist, and ultrasound fee. We believe in state-of-the-art imaging at a fair transparent price. Our many years of experience have given us the skills to see patients for a variety of exams and the confidence to give our providers high-level imaging. In addition to our expertise, exemplary patient care and top-of-the-line imaging, we also have a beautiful office space and exam room that patients feel comfortable in. Our focus is to be an available resource to our community by putting our patients and providers first.

As an added service, we do offer OB care as a non-diagnostic elective scan for pregnancy. Being moms ourselves we know that being pregnant can cause anxiety or worry that we can often quickly fix by allowing a bonding ultrasound for reassurance.

Given your business expertise and the nature of what you do, what advice can you offer to the residents?

Ask your provider to send your order to Boise Ultrasound. If you need imaging, ultrasound is a great option in most cases. Your provider can order from anywhere in town no matter what network they offer care out of, as a patient you are able to request where you get imaging done.

In addition to diagnostic orders, we also do screenings such as Carotids, Thyroids, and Aorta exams. Ultrasounds are quick with most exams being on average 20-45 minutes. It makes it easy to schedule these types of exams that benefit your health. Just like getting yearly lab work, ultrasound can tell us so much about how our body is working. A quick fact about ultrasound is that is a great

way to look at the body or system without using ionizing radiation like CT/Xray. It is also one of the most affordable options for imaging.

We currently are in network with many insurance companies, with more to come, and have self-pay pricing as well.

What else we should know about you, your family, or your business?

We love the community that we get to call home and all it has to offer us! We, Jess and Lacy, love to be outside and play with our families. Whether that is walking or biking the greenbelt, hiking Table Rock, or getting up to McCall for the weekend we love it all! We are also both big animal lovers. Jess has three dogs, Scarlett, Sky, and Sawyer. Lacy grew up with every farm animal imaginable but currently has one dog, Hammer, and four cats, Bug, Bear, Cheddar, and Jack. Our

families are our why. As mothers for daughters, we hope to provide an example of what you can do when you are passionate and determined in life. We are blessed with amazing husbands who have supported our every move to make our dreams come true.

We truly care about our community and our patients, that is the mission behind this company. We have spent so many years listening to the needs of our community and continue to grow our company based on what is best for the treasure valley. We are excited to continue growing and bring new imaging services to the Treasure Valley. We can't wait to tell you more about things we are already working on to improve the health of this community we call home.
~ Lacy and Jess

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Jess and Lacy

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IDAHO MARTIAL ARTS

Eagle's Dojo

BY PUBLISHER, BRANDI WOLF

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Shihan Steinwald

SPONSOR OF THE MONTH

Idaho Martial Arts (IMA), their teachers and their students have become a family and as the students get older the dojo starts becoming like a second home to them.



Have you met Shihan Steinwald? She is a 6th-degree black belt, owner of Idaho Martial Arts and has been the owner and operator of Idaho Martial Arts for nearly 26 years. It is located in Eagle Clocktower on Old State near Edgewood. Her dojo has become a staple in our community and her reputation as a strong and compassionate mentor precedes her. She is well-loved by her students and their families.

She grew up in Munich, Germany and moved to the United States in 1981. After living in California for sixteen years, she and her husband decided to move to beautiful Idaho. They loved the four seasons here and that nature was right out the front door. Eva says, "Idaho is so clean and everyone is very nice. The greater Boise area is the Capitol but it still has a small-town feel. There is culture, good schools, nature and an airport that is easy to navigate."

Shihan Steinwald has seen a lot of changes, "A dojo changes over the years, sometimes you have a bunch of really young kids and then it transitions to adult students, and then it transitions again to the medium-age students. I can never figure out why but it's almost like a living organism. When we went through COVID everyone stuck to training and 95% of the students that were with us during COVID are still with us and still training hard. It's like we became stronger and now we have a lot of students that have really progressed in our higher ranks. More than before."

Idaho Martial Arts (IMA), their teachers and their students have become a family and as the students get older the dojo starts becoming like a second home to them. Especially the teens. Most of us would decline the opportunity to go back in time if it meant going back to being a young teenager, the teenage world is constantly changing with ups and downs. IMA gives them a place to go where they do not have to deal with the stresses of growing up. The dojo offers a positive and supportive environment. Many of the students come to Shihan

Steinwald during tough times and are comfortable enough to share. Through the respect they develop for karate in training, they learn a great deal of respect for their teachers as well.

One of the goals Shihan Steinwald has with her students, over what belt they earn, is to instill becoming an honorable person in the community and what that takes. She adds, "You need to swallow your ego, you have to be humble, you have to be vulnerable." Knowing Shihan Steinwald, this is something she lives every day and sets an example for her students and all that know her.

Children can start enrolling at five years old. There are kids and adults of all ages that come to the dojo. For those interested, there are also fitness classes, yoga, and Tai Chi.

Shihan Steinwald is also a realtor and dog mom. She enjoys challenging herself by climbing some of the world's tallest peaks and recently returned from Denali. She also has actively participated in Spartan races and often won medals in her age bracket. In fact, she has a special plight she is currently doing, "The Seven Summits - the highest peak on each continent), by 70". More on that later, we don't want to spoil the fun! As she is a local community leader, we will be sharing a feature in just a few months' time...there are more peaks to climb.

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Brandi is the publisher of *Greet Eagle* and BeLocal West Ada, is an empty nester, wife and dog mom. She enjoys baking, entertaining, painting, spending time with family and friends, community and teaching mindfulness.



SEPTEMBER

BY JUNIOR CONTRIBUTOR LUCY SWIFT
AND RESIDENT KELLY SWIFT.

Submit your art for consideration by emailing
kelly.swift@n2co.com

Welcome to The *Greet Eagle* Clubhouse! The Clubhouse is a place designed just for the children of Eagle! Developed by Eagle 6th-grader, Lucy Swift, The Clubhouse features a monthly art contest, kid-friendly craft ideas, and a spotlight on free family community events.

ART CONTEST

Calling all young artists! We invite you to submit your artistic creations to *Greet Eagle* for our November Art Contest! The November theme is FAMILY! Any artistic medium is ok - crayons, markers, pencils, paint, etc. Drawings should be emailed to kelly.swift@n2co.com no later than September 29, 2023, to be considered for the *Greet Eagle* November publication. Please be sure to include your child's name and age. If you would like to also include a photo of your child holding the art they created, please do! We will pick a winner to be featured here in The Clubhouse each month! Winners will be notified via email.

September's Art Contest Theme was SCHOOL and our September winner is Audrey Hobbs, Age 11. Congratulations to Audrey on her talented and impressive portrayal of our September theme, SCHOOL!

WORD SCRAMBLE

CSHRAEET ETP

SEPTEMBER CRAFT

Apple Stress Balls

SUPPLIES

- Balloons (we picked ours up at the Dollar Store!)
- Fillings like flour, beans, or rice
- Funnel
- Construction Paper
- Ribbon, String, or Twine
- Scissors



Congratulations Audrey Hobbs! Your beautiful art piece is perfect for going back to school!



STEPS

1. Insert the end of a funnel into the opening of your balloon.
2. Add filler to the funnel, filling the balloon to the stem.
3. Squeeze out excess air and tie the balloon stem into a knot to secure it.
4. Using construction paper, cut out leaves for your apples.
5. Punch a hole in the cut-out leaves and attach to your apple using ribbon, string, or twine. We used some cute wrapping paper twine we had on hand!

This was a simple and entertaining craft, but it was a little difficult to get the ingredients into the balloon. It took some tapping and shaking to fill them. Other than that, we think they are super cute and perfect for any back-to-school nerves!

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- Every Wednesday - Music and Rhyme 10:30-11:00 am
- Every Thursday - Books Before Bedtime 6:30-7:00 pm
- Most Saturdays - Kids Class 2:00-3:00 pm

Times and events may vary. Be sure to check the Eagle Library events page for details:
<https://eaglepubliclibrary.org/events>

Lucy Swift is an Eagle 6th-grader who loves to write. She plays soccer with Idaho Rush and recently earned a taekwondo black belt!



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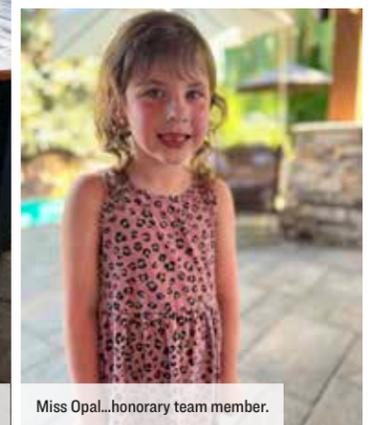
Stan Leatham,
Matt Lambert and
Laura Leatham



Tom Borchelt, Rick Harvey and Bill Overton



Becky Jones, Kelly Swift, Judy Borchelt,
Nancy Harvey and Brandi Wolf.



Miss Opal...honorary team member.

It was a hot day in July, one of the hottest, but a few of us got together despite the heat. Thanks to Judy's unheated hot tub, we were able to cool off a bit. There was delicious food, great conversations and laughter.

We are so thankful for these amazing residents that help us to put together *Greet Eagle* on a monthly basis. Thank you to ALL the residents of Eagle for letting us share your stories, share your joy and sometimes share your pain. Together, we build community, and friendships, and delight in the community of Eagle, Idaho.



Susan Logan and Brandi. Susan, thank you for taking the photos!

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A few of the Boise Angels team!

Who do you know that is making a difference in the community? Email brandi.wolf@n2co.com.

“Boise Angels is an awesome organization! I had the privilege to volunteer with my life group from church. We partnered together to provide love boxes monthly for a whole year to an adopting family. The action of helping a family grow, alongside my friends, was pure joy. The family was so appreciative & we developed a bond. Raising kids can be difficult & expensive and every little bit helps. Boise Angels is well positioned in this valley to immediately help families in need. They make it easy to help in a variety of ways. During the pandemic, my teens and I created gift bags for counselors and teens in transition. It was a simple way for our family to treat others to something special. I can’t say enough about Boise Angels and how valuable they are in our community to help families in need.”

~Juli Cote, Eagle Resident

Q: Tell us about Boise Angels:

A: The Boise Angels mission is to walk alongside children, youth, and families in the foster care community by offering

consistent support through intentional giving, relationship building, and mentorship.

Q: Why did Boise Angels form?

A: Our Board President and Chapter Founder, Amy Curry says “Boise Angels was formed to help create a way for people in the Treasure Valley to love their local foster care community.” She recognized “not all are able to foster but many want to help support this community but aren’t sure where to start. Boise Angels programs give people that opportunity in a very tangible way.”

Q: Do you feel this kind of support can help the community as a whole? If so, why?

A: We truly believe that wrapping around foster families and youth makes an impact on outcomes. Many statistics you see for foster care can be overwhelming. For instance, the need for foster families is great in our community.

Unfortunately, almost half of the foster homes will close within the first year of being open, mostly due to feeling isolated and lonely. It’s not easy work, but it’s crucial and adds so much value to our community. Because of the nature of foster homes closing, children are moved more often, making it hard for them to maintain academic and social consistency. Many children who have experienced foster care, approximately 50%, don’t graduate high school. Only 3% end up with a college education, despite the many scholarships available to them. What they need is consistency, unconditional love, intentional relationships, and guidance. That is where our programs provide hope and transformation; by walking alongside these families and children, building relationships and providing support. We can change the experience for both families and children and change the statistics!

Q: You had mentioned that the presence of this kind of organization helped to change local statistics for children in foster care, can you share a little more with our audience?

A: Yes, we were studied for two years by the University of Texas at the Institute of Child and Family Well-Being and found that there was a measurable impact in communities where our programs are present. All the data can be found here: <https://www.boiseangels.org/research--outcomes.html>

Q: How can folks get involved?

A: We know that not everyone can foster or adopt but we DO know that everyone can make a difference in the life of a child experiencing foster care. We have two programs where our community can get involved. Our love box program thoughtfully matches foster families with community volunteers that can provide support to the entire family. We encourage intentional giving and relationship building as they learn how they can meet

the needs of the family. This can look like providing the children with clothing or school supplies or providing childcare or rides to and from activities. It varies and is unique to each family’s needs.

Our “Dare to Dream” program is based on the mentorship of a child over the age of 11 experiencing foster care and a safe adult from our community with similar interests. These relationships provide much-needed support and guidance for the youth as well as invaluable quality time. These types of relationships are so important to help foster youth to feel loved, worthy and encouraged. We are constantly inspired by the transformation stories coming from both of our programs. We truly believe that while we cannot change the beginning of their story, we can absolutely help change how it ends.

Of course, our community can join the growing number of monthly sponsors who are dedicated to keeping our programs going and we love getting our businesses involved with event sponsorship opportunities. We also have a “What’s your thing?” campaign where people can use their time, gifts, and talents to help us raise awareness and support in their own way. It’s been fun watching our supporters come up with creative ways to give back! Giving options and active campaigns can be found on our website.

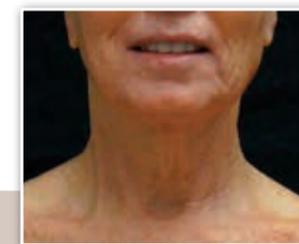
Q: Anything else we should know?

A: We want everyone who feels a little overwhelmed by the need in our community to know that there is so much hope and that every little bit of support helps change the lives of these children.

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SOME LOCAL SEPTEMBER EVENTS

Do you have an event you would like to share? Email brandi.wolf@n2co.com.

BANBURY GARAGE SALE:

Saturday, September 23rd starting at 8 am.

Many neighbors participate - the more, the better. It's a great way to earn a bit of cash and clear out a cluttered garage or find treasures. It's also a great way to meet your neighbors while everyone is out in their driveways. Get there early to find the best treasures!

EAGLE ART WALK | Thurs Sept 28 | 5:00 - 8:00pm

Artists fill the streets of downtown Eagle, Idaho with live music and colorful displays of handmade arts and fine crafts. Visit with artists, enjoy the live music in Heritage Park & search for hidden treasures from 5-8 pm. The event is free to the public and is sponsored by Finer Frames and the downtown merchants. For a map of artist locations visit <https://eagleartwalk.com/>

COLOR IN MOTION | Idaho Watercolor Society SW Regional Show

Opening Reception Thursday, August 31 from 5:00 pm - 8:00 pm at Finer Frames. This colorful show features 44 original watercolor paintings by members of the Idaho Watercolor Society. The show runs thru September. Finer Frames is located at 132 E State Street in downtown Eagle.

EAGLE PLEIN AIR FESTIVAL | Oct 7-14th

There is an exciting art event coming to Southwest Idaho. October 7th through the 14th, the Eagle Plein Air Festival turns Eagle into an outdoor living art gallery when more than eighty artists come to paint the Idaho landscape. This nationally recognized event brings painters to learn, paint and compete in a variety of events. Highlights include artist workshops, free community art events, quick draw competitions, nocturnal paint out, art sale and wet paint auction. The 2023 event will be held from Saturday, October 7th - October 14th. See the complete schedule of events here <https://www.eaglepleinair.com/>



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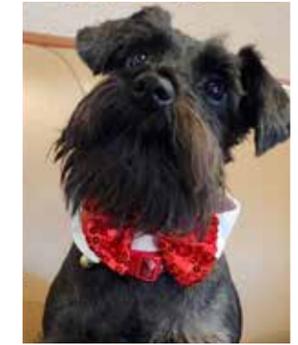
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Lovingly called "Security" at PES-WIES. These furry friends are a staple at this local business and give employees and visitors a very warm welcome.

Top left is Finley
Top right is Charlie
Bottom left is Bernard (Recently passed away)
Bottom right is Pedro



Thank you Kenny Pittman for sharing!

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Would you like to be featured as a Neighborhood Gem? Find out more by emailing brandi.wolf@n2co.com.
What local Eagle businesses are your favorite? Email brandi.wolf@n2co.com to share..



EAGLE THEATRE COMPANY

Eagle Theatre Company (ETC) is "Now Open"! After a successful, SOLD OUT, Inaugural show, ETC will present Neil Simon's "Odd Couple" - *Female Version* in late April/early May! Join us for some riotous fun, and you can also become a volunteer. Endless opportunities exist.
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Call Matt with questions: 208-631-4810.

Join our Neighborhood Gems, a collection of small businesses (a.k.a. "Gems") before the "Gems" are full. If you have been thinking about it, now is a good time to reach out.



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- October 2nd - November publication
- November 1st - December publication
- December 1st - January publication

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Local Wine Scene

Do you have a favorite local Idaho winery you would like to share with the Eagle community? Email brandi.wolf@n2co.com.

Idaho is now an official wine region and is home to over 75 wineries and more than 1300 acres of vineyards planted...and growing. Wine is being weaved into the fabric of Idaho, and it's oh-so-delicious. These local wineries were nominated by the community as some of the local favorites both urban and countryside.

URBAN WINERIES

Telaya Winery

240 E. 32nd St
Garden City, 208-557-9463

Just minutes from downtown Boise with a patio that backs up to the Boise River, Telaya has Old World, Idaho and Washington, hand-crafted wines

Split Rail Winery

3200 W. Chinden Blvd.
Garden City, 208-490-0681

With a big belief in supporting local agriculture and creating Idaho-centric products. Split Rail wants to bring the farm to your glass and Idaho's soil to your lips.

Coiled Winery

3408 W. Chinden Blvd.
Garden City
Idaho, 208-820-8466

All wines are made from Idaho grapes under their roof in Garden City. Stop by to see where the magic happens and taste delicious locally-grown grapes in a glass!

Cinder Winery

107 E. 44th St.
Garden City, 208-376-4023

Located in an old fruit and vegetable packing warehouse, Cinder is just a short drive from Meridian, Eagle and Boise. Enjoy wine made from locally sourced grapes and a venue for fun events.

WINERIES IN THE COUNTRY

Huston Vineyards

16473 Chicken Dinner Rd.
Caldwell, 208-455-7975

The first time someone sees the street sign with the name "Chicken Dinner Rd." on it, it leaves an impression. The same thing happens when tasting wines from Huston Vineyards, including their Chicken Dinner Rd. labels. This is an Idaho fav, and you'll also find these wines at local restaurants.

IDAHO



Koenig Vineyards

Sawtooth Winery

19348 Lowell Rd. C
Caldwell, 208-467-1200

Offering spectacular views of the Owyhee Mountains from our vineyard, we offer interactive and educational experiences in an authentic and relaxed wine-country atmosphere.

Scoria Vineyards

12639 Walker Lake Rd.
Caldwell, 208-550-2472

Scoria has a quaint tasting room that reflects the design and creation of their wine. Lava rock being a key component. Although it is a newer winery, word is getting out and their rosé is to die for.

St. Chapelle Winery

19348 Lowell Rd.
Caldwell, 208-453-7840

It has grown to become the largest winery in Idaho and a hometown favorite! Plus, St. Chapelle offers a jazz concert series every summer. Nothing says summer like an outdoor concert!

Kindred Vineyards

14253 Frost Rd.
Caldwell, 208-504-2127

Long tables and short fences, Kindred is a place to drink great wine, take in great scenery and gather with friends.

Kerry Hill

17264 Kerry Hill Ln.
Wilder, 208-901-5815

Besides having great wine, this winery also has Kerry Hill sheep. It is truly charming. The landscaping is beautiful and offers tons of outdoor areas to walk or sit and sip wine. On the weekends, live music is often played.

3 Horse Ranch Vineyards

5900 Pearl Rd.
Eagle, 208-863-6561

Starting with Rhone and Bordeaux vines, 3 Horse Ranch is now the largest family-owned winery.

Dude Dewalt Cellars

5446 ID-16
Eagle, 208-901-3925

Established in 2011, this a great winery to feel the ruggedness of the outdoors while staying a little closer to home.

Sol Invictus Vineyard

6394 Schmidt Ln.
Star, 208-286-7401

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GOAT CHEESE PIZZA

BY PUBLISHER, BRANDI WOLF

Share your recipe by emailing brandi.wolf@n2co.com.

- Pizza Crust – Pre cooked
- Chevre Goat Cheese (I like the one from Costco)
- Red grapes, halved
- Fresh Rosemary
- Olive Oil and Balsamic

This is a “build how you like with as much as you like” pizza recipe. It is a quick and fun recipe to make when unexpected company stops by or for lighter fare.

Spread goat cheese over the pizza crust. Place halved red grapes evenly over the pizza. Sprinkle fresh rosemary evenly over the pizza. Drizzle with a favorite olive oil, I used Sage & Onion from Olive and Vyne, and then bake at 375 until grapes start wilting a bit. When finished, either drizzle balsamic oil or put some in a dish to dip your pizza in. Enjoy!



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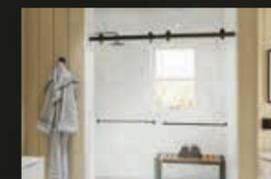
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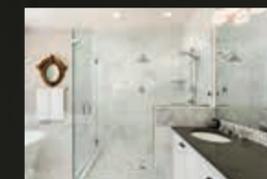
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LOST RIVER RANGE

BY RESIDENT WRITER, RICK HARVEY

Where have you journeyed in Idaho? Share your journey with Greet Eagle by emailing brandi.wolf@n2co.com.

Rick, and his wife Nancy, are originally from Northern Nevada, and have been in Idaho for nearly forty years. Rick is a graduate of the Mackay School of Mines, University of Nevada, with a BS in Geology. After college he became a USAF pilot then an airline pilot. Most of Rick's features in *Greet Eagle* are on travel.




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